

7th Critical Multicultural Counselling and Psychotherapy Conference, OISE, University of Toronto
DAY 1: Friday, 1st June 2012

<i>Time</i>	<i>Event</i>	<i>OISE Library</i>	
8:30-9:00	Registration (tea/coffee/refreshments) <i>OISE Library</i>		
9:00 – 9:15	Opening Ceremony – Buddhist Prayer and Chant: <i>Rev. Dr. Bhante Saranapala, Buddhist Chaplain, University of Toronto</i> Welcome: <i>Dr. Julia O’Sullivan, Dean, OISE</i> Introduction: <i>Rameet Singh, Na Zhu and Roy Moodley</i>		
9:15-10:00	Opening Keynote Presentation Troubling the Mental and Physical Health Binary: Observations from Traditional Chinese Medicine and Qi Gong – <i>Dr. Roxana Ng</i> Chair: <i>Dr. Roy Moodley</i>		
10:00-11:00	Keynote Presentation Cultures of Healing- <i>Dr. Ted Lo and Dr. Mami Ishii</i> Chair: <i>Dr. Uwe Gielen</i>		
11:00-11:20	Break (tea/coffee)	POSTER SESSION	
11:30-12:30	Keynote Presentation Morita-Informed Healing: Achieving Serenity with Anxiety – <i>Dr. Charles P. Chen</i> Chair: <i>Dr. Waseem Alladin</i>		
12:30-1:30	Lunch (provided) <i>OISE Library</i>	POSTER SESSION	
1:30-3:15	Parallel Workshop Presentations Integrating Ayurvedic Practices into Counselling and Psychotherapy: An Ancient Indian Approach to Holistic Health Care <i>Dr. Ismat Nathani</i> Chair: <i>Dr. Ted Lo</i> <i>Library</i>	Qi Gong <i>Dr. Roxana Ng</i> Chair: <i>Dr. Gail Matthews</i>	Mindfulness and Buddhist Principles in Counselling and Psychotherapy <i>Marco Mascarin</i> Chair: <i>Dr. Mami Ishii</i>

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<p>3:30-4:30</p>	<p>Paper Session 1 Acceptance and Commitment Therapy and Buddhist Group Therapy for Cambodian Women <i>Dr. Kenneth Fung</i></p> <p>The Relationship Between Mindfulness and Self-Esteem: A Cross- Cultural Study <i>Siyin Chen</i></p> <p>Chair: <i>Dr. Uwe Gielen</i></p>	<p>Paper Session 2 Classical Yogic Practice and Vedic Psychology: Self Transformation in the Yoga Sutras of Patanjali <i>Dr. Gitte Bechsgaard</i></p> <p>The Inner-Witnessing State in Ancient Indian Scriptures: Implications for Counselling and Psychotherapy <i>Rameet Singh</i></p> <p>Chair: <i>Dr. David Paul Smith</i></p>	<p>Paper Session 3 Mindfulness and Self-Compassion: The Healing Power of Working with Presence and Kindness <i>Terra Dafoe</i></p> <p>Holistic Yoga, Healing and Embodied Learning <i>Angela Lytle</i></p> <p>Chair: <i>Dr. (Fr.) K. J. Varghese</i></p>	<p>Workshop Session 1 How can the Science and Art of Pranic Healing Support the Psychotherapeutic Process <i>Antjie Halim</i></p> <p>Chair: <i>Dr. Roy Moodley</i></p>
<p>4:30 – 5:30</p>	<p>Paper Session 4 Treating Gender Conditioning with Acupuncture <i>Renee Pilgrim</i></p> <p>Ayurveda for Women <i>Maya Hammer</i></p> <p>Chair: <i>Dr. Mami Ishii</i></p>	<p>Paper Session 5 Application of Traditional Yoga Therapy in Contemporary Body-Mind Training <i>Dr. Hema Murty</i></p> <p>A comprehensive Mind-Body Practice for Post-Traumatic Stress <i>Farah Jindani</i></p> <p>Chair: <i>Dr. Charles Chen</i></p>	<p>Paper Session 6 The Role of the Imams in Healing <i>Dr. Saadia Akram</i></p> <p>Shamanic Soul-Based Energy Medicine in Contemporary Practice <i>Catherine Charter</i></p> <p>Chair: <i>Dr. Waseem Alladin</i></p>	<p>Workshop Session 2 Soul Healing <i>Lynne Nusyna</i></p> <p>Chair: <i>Dr. Shafik Sunderani</i></p>

DAY 2: Saturday, 2nd June 2012

<i>Time</i>	<i>Event</i>			
8:30-9:00	Registration (tea/coffee/refreshments)			
9:00-10:00	Keynote Presentation Buddhist Psychology and Mindfulness and its Application in Psychotherapy <i>Dr. Ana Bodnar</i> Chair: <i>Dr. (Fr.) K. J. Varghese</i>		Experiential meditation workshop Guided Morning Meditation and Breath Work <i>Swami Devaprasad</i>	
10:00- 11:30	Parallel Workshop Presentations Giving Space, Holding Space: The Elemental Gifts of Yoga Psychology - <i>Matthew Remski</i> Chair: <i>Dr. Uwe Gielen</i>		Sampling of Deliciousness: Naturopathic Integration of Asian Traditional Healing Practices – <i>Dr. Mami Ishii</i> Chair: <i>Dr. Waseem Alladin</i>	
11:30-12:30	Paper Session 7 Individuals' Experiences with Traditional Asian Healing and Counselling: A Pilot Study <i>Javeria Arshad & Na Zhu</i> Rhythm of the Pulse: South Asian Traditional Healers and their Healing Practices in Toronto – <i>Olga Oulanova and Dr. Roy Moodley</i> Chair: <i>Dr.</i>	Paper Session 8 Mindfulness-Psychotherapy Integration: Contextual considerations for practitioners and researchers <i>Sarah Horowitz</i> Islamic Esoteric Science: Examples from a 19 th Century Sufi Manual on Spiritual Development <i>Dr. David Paul Smith</i> Chair: <i>Dr. Charles Chen</i>	Workshop Session 3 The Body As It Is: Priceless <i>Guru Fatha Singh Khalsa and Farah Jindani</i> Chair: <i>Dr. Gail Mathews</i>	Workshop Session 4 Integrating Spirituality into Mainstream Psychotherapy Practice using the Power of S <i>Dr. Carrie Bailey</i> Chair: <i>Dr. Saadia Akram</i>

DAY 2: Saturday, 2nd June 2012

12:30-1:30	<i>Lunch (provided)</i>
1:45- 3:30 Library	Keynote Presentations Traditional Healing in South India - <i>Dr. (Fr.) K. J. Varghese</i> Healers and Counsellors on the Roof of the World – <i>Dr. Uwe Gielen</i> Chair: <i>Dr. Roy Moodley</i>
3:30-3:45	Break (tea/coffee)
3:45- 4:30	Keynote Presentation Mindfulness, Meditation, Integrating What? New Lamps for Old: Or Why there're No More Heroes (and Heroines) Anymore! <i>Dr. Waseem Alladin</i> Chair: <i>Dr. Charles Chen</i>
4:30	Conclusion and Vote of Thanks: <i>Na Zhu and Rameet Singh</i>