
Keynote Address: Cultures of Healing

Dr. Ted Lo (Assistant Professor, Department of Psychiatry, University of Toronto)



Bio: Dr. Ted Lo is an Assistant Professor in the Department of Psychiatry of the University of Toronto, consulting to the Culture Community & Health Studies Program. He was given the Educational Excellence in Community Healthcare by the Faculty of Medicine, and also the Ivan Silver award for faculty development. Another interest of Dr. Lo is complementary and alternative medicine (CAM), and he founded a charitable organisation, FACT (Friends of Alternative & Complementary Therapies) to promote education in that area for the public as well as the mainstream healthcare professionals. He was awarded the Prix Clarite by the Canadian Complementary Medicine Association. His interest in traditional healing also led to the first International Conference on the Art and Science of Traditional Medicine

Keynote Address Abstract: The nature of healing is socially constructed, and defined by its cultural context. Comparisons of the differences and commonalities between traditional healing and contemporary counselling practice will be explored. Practices along several broad themes will be discussed with examples. These might indicate potential trends for the future of the mental health delivery system if we are to learn from our traditions.