



UNIVERSITY OF TORONTO
OISE | ONTARIO INSTITUTE
FOR STUDIES IN EDUCATION



Centre for Diversity in
Counselling & Psychotherapy



**ABRACE – Associação
Brasil-Canadá de Apoio
ao Emigrante**

You are invited to a Symposium on

Risks and protective factors following immigration: being Brazilian in Toronto

Guest Speaker: **Dr. Iara Da Costa**, psychologist
(supervised practice)

Dr. Da Costa will be sharing the insights obtained through her research on the mental health of Brazilian immigrants in the Greater Toronto Area and guide participants in creating a mental health action plan to promote emotional well-being.

This symposium will be delivered in Portuguese.

Program includes:

- Presentation on risk and protective factors to mental health problems following immigration to Canada
- Mental health action plan
- Resources available to documented and undocumented immigrants
- Question and answer period

When: Saturday, October 25, 2014
11:00am – 12:00pm

Where: Ontario Institute for Studies in Education, University of Toronto
252 Bloor St. West, Toronto, 5th floor, Room 5-150

For more information, please contact: Sueli Anunciação (sue.anunciac@gmail.com)

Free Registration.