

**DEPARTMENT OF PSYCHOLOGY**  
**FACULTY PROFILES (CHRIST UNIVERSITY, BENGALURU)**



**Dr VARGHESE K J**  
PROFESSOR

**Research and professional interests :** Fr. Varghese has research interests in the areas of REBT Counselling, adolescent wellbeing; and, integration of traditional healing practices into counselling psychology and psychotherapy



**Dr TONY SAM GEORGE**  
ASSOCIATE PROFESSOR

**Research and professional interests:** Tony's research interests are in the areas of family violence, program planning and evaluation, policy and administration in mental health and higher education, positive psychology and spirituality, public mental health, ethical dilemmas in the professional practice of psychotherapy and counseling supervision, personal development components in counselor education in India, trans-cultural principles and practices in creative/experiential therapy with couples and families.



**Dr ELIZABETH THOMAS**  
ASSISTANT PROFESSOR

**Research and professional interests:** Elizabeth's research interests are in the area of competency-based curriculum design and counselor education, postgraduate counselor training in India, ethical issues in the development of postgraduate training curriculum for counseling, personal development in counselor education and trainee receptivity to personal therapy in counselor education programmes.



**REKHA R AHUJA**  
ASSISTANT PROFESSOR

**Research and professional interests:** Rekha.Ahuja has worked in the area of alternative healing practices and holistic approaches to mental health; post traumatic growth in breast cancer patients, rehabilitation of breast cancer survivors using naturopathy, post traumatic growth in emerging adult survivors of cancer and transitions from being a breast cancer patient to survivor.



**Dr BAIJU GOPAL**  
ASSOCIATE PROFESSOR

**Research and professional interests:** Baiju's research interests are in socio-cultural aspects of psychological phenomena. He is currently working on a major research project titled "Religious Conversion and Identity Transformation: Narratives of Conversion Experiences". He has also worked on a UGC funded project on Psychotherapeutic Practices and Indigenous Healing Methods in Karnataka, India. Currently he is also serving as an associate editor of the Journal on Psychologists in Social Action and is a Peer Reviewer for the TMAIC Journal of Counselling.